

Vision Correction Surgery

Members will receive discounts on LASIK that are available at approximately 600 locations nationwide.* All in-network providers extend discounts of 15% off standard prices or 5% off promotional prices. All surgeons must also meet strict credentialing standards in order to be in-network.

Members receive discounts **exclusively** available through **LasikPlus**, the featured provider:

- 15% off standard prices or 5% off promotional prices or special member prices
- Free exam (over \$100 value)
- Free enhancements for life on most procedures

Special Member Prices

Traditional LASIK - bladeless Free enhancements for 1 year	\$695* per eye
Traditional LASIK - bladeless Free enhancements for life	\$1,395 per eye
Custom LASIK - bladeless Free enhancements for life	\$1,895 per eye

*Nearsightedness better than -2, with astigmatism better than -1 and other restrictions may apply.
*Product not available in MT.

Travel and Medical Assistance

Travel Assistance and Emergency Medical Assistance are available through Travel Guard when you are traveling over 100 miles away from home and you are faced with a serious injury or illness, or a travel-related emergency such as lost baggage, passport or wallet; flight rebooking; or pre-trip travel advice on required inoculations.

Emergency Travel Services

- Flight Rebooking
- Passport & Travel Document Replacement
- Emergency Airfare
- Embassy/Consulate Referral
- Emergency Message Relay
- Search and Evacuation Assistance

**Non-emergency travel booking fees: \$35 per person for domestic tickets, \$55 per person for international tickets, \$75 per person for tours and cruises, \$20 per hotel booked, and \$20 per rental car.

Limitations & Exclusions: Travel Guard provides traveler assistance through coordination, negotiation and consultation using its extensive network of worldwide partners. Expenses for goods and services provided by third parties are the responsibility of the traveler.

How to use the plan

Call (800) 290-0523 or click on the "Search for a Provider" button at www.dakotacarevalueplus.com to locate a participating provider. When making an appointment, confirm the provider's continued participation and then present your membership card during your visit. You are responsible for paying the provider the entire discounted fee at the time the service is provided.

Weight Loss Management

Weight Watchers® incorporates healthful eating, physical activity, behavior modification, a weight maintenance phase and, for those who attend meetings, group support. It is based on the philosophy that successful weight loss is achieved through the attainment of a series of realistic goals.

Members can choose from the following weight loss offerings and receive special savings of at least 25% savings off the regular retail pricing!

OPTION 1: MONTHLY PASS - Local meetings provide a supportive atmosphere, which can help you be more successful. With the Monthly Pass you get flexible attending Weight Watchers meetings in your community where it suits you best. You benefit from an experienced Leader and group support from your fellow members. The Monthly Pass also includes the At Work program, which makes your workplace healthier by offering you and your company all of the success of the Weight Watchers program from your own office. This program includes unlimited community meetings, the mobile app and access to online eTools in participating areas. After 20 employees have committed to joining the community meetings, a Weight Watchers representative will come to your office to hold meetings onsite as long as 12 employees remain active in the program.

Meeting vouchers are available for areas that do not offer the Monthly Pass.

Special Pricing: \$15.96 for the first month and \$31.96 every month thereafter, provides members with unlimited meetings each week, Free Registration, Free eTools and the lowest price per week! A valid payment method is needed to complete the sign-up. Members will be charged the special pricing each month until cancelled so payment is not required when attending a meeting. To ensure the next month's card arrives on time, the member's credit card may be charged up to 15 days prior to their renewal date each month.

Option 2: ONLINE SUBSCRIPTION Members can follow Weight Watchers, step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides, and hundreds of recipes and meal ideas. Plus, connect with the free online community, day or night, for inspiration and motivation.

Special Pricing: 12 months for \$ 133.36

WEIGHT WATCHERS is the registered trademark of Weight Watchers International, Inc. and is used under license.

*This product is only available in participating areas of the United States.

Specific directions on how to use the lifestyle discounts will be included in your membership kit. For more information, visit www.dakotacarevalueplus.com and view the "Frequently Asked Questions" section or call Member Services at (800) 290-0523, Monday through Friday, from 7 a.m. to 7 p.m. CST, to talk to a representative.